

# Short-Term Comparative Study of the Cyclophosphamide Genotoxicity Administered Free and Liposome-Encapsulated in Mice

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## Abstract

**Background:** Cyclophosphamide (CYP) is used to treat a wide range of human tumors. However, the mutagenic effect of CYP is still the primary limitation for wider applications to treat a variety of human malignancies. It has been reported that CYP entrapped in liposomes reduces non-specific toxicity and enhances anticancer effects in animal systems.

**Methods:** In the present experiment, mice were injected with 50 mg/kg free CYP or encapsulated in liposomes to compare their ability to induce mutagenic damages including chromosomal aberrations, changes in Sister Chromatid Exchange (SCEs) frequencies, and in Mitotic Index (MI), as well as in cell cycle kinetics.

**Results:** Both forms of CYP induced an increase in chromosomal aberrations and SCEs at the different sampling time. On the contrary, a decrease in mitotic index and delay in cell cycle kinetics was observed at all stages of the experiment.

**Conclusion:** Encapsulation of CYP increased its mutagenicity, especially at a longer sampling time. This may due to interaction of liposomes with cells which is mainly through endocytosis or fusion resulting in accumulation of drug inside the cell causing chromosomal damage. Further evaluation of possible toxicity of encapsulation drugs in healthy tissue is needed.

**Keywords:** Cyclophosphamide; Liposome-encapsulated; Genotoxicity; Sister Chromatid Exchanges; Mice

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## Introduction

The Cyclophosphamide (CYP) belongs to class of oxazaphosphorines and it is an alkylating agent extensively used as an anticancer chemotherapeutic agent for childhood [1] and adult malignancies [2, 3] and other benign diseases [4]. It produces highly active carbonium ion, which reacts with the extremely electron-rich centers of nucleic acids and proteins.

CYP has been extensively tested to induce dominant lethal mutation, mononuclei, DNA damage and generation of free radicals or Reactive Oxygen Species (ROS) in vivo as well. Free radicals due to their high chemical reactivity induce cellular damage in a number of ways [5]. The most deleterious affects of CYP free radicals in vivo were genotoxic activities including DNA damages, chromosome aberrations, sister chromatid exchanges, and gene

mutations, which can lead to a number of pathological conditions including cancer [6, 7].

Management and treatment for cancer cases involve invariable usage of antineoplastic agents. These agents are toxic to rapidly proliferating cells and therefore kill neoplastic tissue. However, because of their low therapeutic index, they can damage proliferating normal cells as well. Thus, long term usage of antineoplastic agents is a compromise with many destructive and untoward effects and so they are the subject of increasing concern [5]. Monitoring mutagenic potential of anticancer agents will help to minimize immediate harmful effects on the genetic materials and also to create another cancer in patients undergoing chemotherapy.

The use of carrier system, which can improve specificity in delivery of therapeutic drugs, has been investigated in a number of clinical trials; in particular, liposomes have been studied as carriers

of a variety of antineoplastic drugs including cyclophosphamide and doxorubicin [8]. It has been demonstrated in animals that liposome-encapsulated anticancer drugs are far less toxic than their unencapsulated ones [9]. In addition, when they were administered intravenously, liposomes concentrate primarily in organs rich in reticuloendothelial cells. Therefore, liposomal delivery of antineoplastic agents may enhance some of their effects by targeting the drug away from healthy tissue or by reducing the dose needed to achieve a cytotoxic effect on tumor cells.

The purpose of the present study is to evaluate the chromosomal damages, changes in Sister Chromatid Exchange (SCEs) frequencies, in Mitotic Index (MI) and in cell cycle kinetics induced by Cyclophosphamide (CYP) encapsulated in liposomes in compare to the free drug in vivo mammalian system.

## Materials and Methods

### Chemicals

Cyclophosphamide (CYP) (vial containing 500 mg cyclo-phosphamide) was purchased in form of powder from Baxter Healthcare Corporation (Deerfield, IL 60015, USA). While 5'-bromo-2-deoxyuridine (Br dU) and colchicine were obtained from Sigma-Aldrich Chimie (Saint-Quentin Fallavier, France). All other chemicals used in the present study were analytical grade.

### Animals

Fourty adult male Swiss mice, weighed from 25-30 gm were purchased from the Biological Supply Center, Theodore Bilharz Research Institute (TBRI, Cairo, Egypt). The Housing was at 25-28°C with light from 8:00 to 20:00 with free access to water. Mice were housed in stainless-steel cages in a pathogen-free centre belonged to the University Laboratory Animal Research Facility. The animals did not take any antibiotics, vitamins, and insecticides except a standard commercial diet.

### Liposome Preparation and Cyclophosphamide Encapsulation

Liposomes used in the present work were multilamellar vesicles. These liposomes were composed of Hydrogenated Soy Phosphatidylcholin (HSPC) with cholesterol and polyethylene glycol (1.5:1.0:0.1), which were prepared by hydration method [10, 11]. The lipids were mixed in chloroform and the solvent was removed under reduced pressure. Multilamellar vesicles were formed by vigorous shaking of lipid film in an aqueous solution

of 250 mM ammonium sulfate at 55°C, and then the preparation was treated by freeze-thaw for 5 times.

The resultant large multilamellar vesicles were sonicated for 2 hours under continuous stream of nitrogen to prevent any lipid oxidation. The resultant liposomes after sonication were found to have an average diameter of 150 nm as measured by quasi elastic light scattering apparatus. Unentrapped ammonium sulfate was removed by gel filtration through Sephadex (G-75) equilibrated with 20 mM HEPES buffer containing 0.9% NaCl at pH 7.4 and osmolarity of 290 mOs.

CYP was encapsulated by the ammonium sulfate gradient method [12] as follows: CYP powder was added to the liposome suspension described above at concentration of 1 mg CYP/10 µmol phospholipids in 1 ml buffered saline solution. Liposome-CYP mixture was incubated in a water bath for one hour at 55°C. After incubation, unentrapped CYP was removed by passing through Sephadex (G-75) gel filtration column. The final concentration of CYP encapsulated into the liposomal formulations was estimated by Bicinconinic Acid (BCA) method following protocol of Masood et al [13] with some modification. The amount of drug entrapped inside the liposomes was measured by a Perkin Elmer UV-vis spectrometer using 470 nm as an excitation wavelength and 592 nm as emission wavelength, after adding Triton X100.

### Grouping and Sampling

Animals were classified into four groups as follow: the first group (G1) remained as a control group, and was intra-peritoneal (i.p.) injected with physiological saline solution (NaCl, 0.9%). The second (G2) was injected i.p. once with CYP at dose 50 mg/kg body weight [14]. The third group (G3) was injected i.p. once with the CYP encapsulated in liposomes in a volume equivalent to 50 mg/kg body weight. The fourth group (G4) was injected with empty liposomes in the same volume used with group three. All animals in these groups were implanted with BrdU tablets before killing.

Subcutaneous implantation of BrdU tablets was carried out 21 hours before scarifying the animals and was conducted in compliance with the protocol of Allen et al [15] but with some modifications.

After 24 hours post-injection with the saline or empty liposomes ten mice (five animals for each group) were sacrificed by cervical dislocation. While other 30 animals of group 2 and 3 were sacrificed at each of 3 sampling times, 24, 48 and 72 hours post treatment (five animals at each sampling time).

### Preparation of the Mice Bone Marrow Cells

Bone marrow cell preparations for the analysis of chromosomal aberrations, SCEs, mitotic indices and cell cycle kinetics were conducted by the colchicine–hypotonic technique. After completion of the treatment period, five animals from each group were sacrificed by cervical dislocation. Colchicine was given at the dose of 4 mg/kg body weight intraperitoneally at 22, 46 or 70 hours prior to sacrificing the animals. The bone marrow smears of animals in each group were prepared according to Preston et al [16]. For each group, slides were stained according to the modified fluorescence plus Giemsa technique described by Conner et al [17]. Slides were stained in 50 µg/ml of Hoechst 33258 dye for 15 minutes (protected from light). Then slides were rinsed in distilled water and layered with Mc Livian's buffer before subjected to UV light for 45 minutes at 50°C. Finally, these slides were re-rinsed in distilled water, and then immersed in 4% Giemsa dye for 7 minutes.

### Chromosomal Analysis

For each group, slides were analyzed for chromosomal aberrations, SCEs, mitotic indices and cell cycle kinetics. Fifty metaphases per animal were examined microscopically for chromosomal aberrations while frequencies of SCEs were recorded in 25 cells/animal. The mitotic index was obtained by counting the number of mitotic cells in 1000 cells/animal. Cell cycle analysis was studied by calculating the Replicative Index (RI) [18] a derived index that reflects the relative contribution of each cell cycle to the sample population in 100 consecutive metaphase cells/ individual; the number of first (M1), second (M2) and third (M3) or subsequent divisions was determined and RI was calculated as follows:

$$RI = \frac{1(M1) + 2(M2) + 3(M3)}{100}$$

Analysis of cell cycle kinetics was also studied in terms of hours by calculating the Average Generation Time (AGT) as follows [19]:

$$AGT = \frac{\text{hours since onset of BrdU tablets}}{RI}$$

### Statistical Analysis

Statistical analyses for the difference in the mean number of chromosomal aberrations, SCEs, mitotic indices and cell cycle kinetics amongst groups were obtained by using Student-*t*-test ( $P < 0.05$  was considered significant).

### Results

Tables 1 and 2 show the frequencies of chromosomal aberrations, SCEs, mitotic indices and cell cycle kinetics observed in different stages of the experiment. The results of the present study did not indicate any significant difference in frequency of chromosomal abnormalities, SCEs, mitotic indices and cell cycle kinetics between the negative control group (G1) and group (G3) of animals treated with empty liposomes.

The cytogenetic results which are illustrated in Tables 1 and 2 reveal that when the CYP is given at a single dose of 50 mg/kg body weight free or encapsulated in liposomes, it can cause a high incidence of chromosomal aberrations, SCEs and average generation time in Swiss albino mice. The mitotic index and replication index were decreased in different stages of the experiment indicating bone marrow cytotoxicity.

Figure 1 shows a significant elevation (at  $P < 0.05$ ) in frequencies of total aberration and incidence of aberrant cells in bone marrow cells of animals with free CYP compared to those treated with encapsulated CYP at sampling time 24 hours. However, these elevations were significantly decreased at 48 and 72 hours after treatment with free CYP compared to animals treated with encapsulated CYP (Tables 1, 2 and 3).

Tables 1 and 3 indicate a general significant elevation in frequency of SCEs in bone marrow cells of different treated groups. While the frequencies of SCEs in animals treated with the encapsulated CYP (G4) were significantly increased at all sampling times (24, 48 and 72 hours) compared to the free CYP (G3) treated groups (Figure 2).

Statistically significant decrease in mitotic activity, which is indicated by decreased mitotic index of bone marrow cells of animals treated with CYP free or encapsulated was recorded at all stages of the experiment (Tables 2 and 3). The observed decrease in mitotic index of bone marrow cells after treatment with encapsulated CYP was found to be more drastic rather than induced by free CYP at different sampling times (Figure 1).

Also treatment with free or encapsulated CYP caused significant delay in cell cycle kinetics indicated by a significant decrease in the Replication Indices (RI) or a significant increase in the Average Generation Times (ATG) at all stages of this experiment (Tables 2 and 3). The data obtained for RI and ATG (calculated in hours) was used to determine the relationship between increased sampling times and changes in cell cycle kinetics (Figure 2).



**Table 1.** Chromosomal aberrations and Sister Chromatid Exchanges (SCEs) in bone marrow cells of mice treated with empty liposomes or Cyclophosphamide (CYP) or CYP encapsulated in liposomes

<b>Groups</b>	<b>Sampling time (h)</b>	<b>Number of metaphases analyzed</b>	<b>Cells with chromatid breakage (%)</b>	<b>Cells with centric fusions (%)</b>	<b>Cells with centromeric attenuation (%)</b>	<b>Cells with end to end association (%)</b>	<b>Total <sup>a</sup> Aberrations (%)</b>	<b>SCEs / Cell <sup>a</sup></b>
<b>G1</b> <b>(Negative Control)</b>	24	250	2.20	0.20	-	-	2.40 ± 1.496	4.20 ± 0.374
<b>G2</b> <b>(Empty lipo.)</b>	24	250	2.00	-	-	-	2.00 ± 1.265	4.60 ± 0.400
<b>G3</b> <b>(CYP)</b>	24	250	44.40	6.40	1.20	3.20	55.20 ± 6.997	6.85 ± 0.374
	48	250	28.60	3.40	0.40	1.20	33.60 ± 4.271	7.15 ± 0.489
	72	250	21.60	2.40	-	0.80	24.80 ± 4.118	6.80 ± 0.245
<b>G4</b> <b>(CYP+ Lipo.)</b>	24	250	37.20	3.40	-	3.40	44.00 ± 4.382	8.05 ± 0.548
	48	250	34.80	1.80	1.40	4.40	42.40 ± 4.964	7.70 ± 0.245
	72	250	28.00	3.20	2.00	3.60	36.80 ± 4.118	8.80 ± 0.244

<sup>a</sup> Values represent mean ± S.E. of five animals  
 Empty lipo. = Empty liposomes  
 CYP+ Lipo. = CYP encapsulated in liposomes

**Table 2. Incidence of aberrant cells %, mitotic index, replication index and average generation time of mice bone marrow cells treated with cyclophosphamide free or encapsulated in liposomes**

<b>Groups</b>	<b>Sampling time (h)</b>	<b>Incidence of aberrant cells <sup>a</sup> (%)</b>	<b>Mitotic index <sup>a</sup></b>	<b>Replication index <sup>a</sup></b>	<b>Average generation time <sup>a</sup></b>
<b>G1</b> <b>(Negative Control)</b>	24	2.40 ± 0.244	85.84 ± 0.748	1.76 ± 0.158	11.23 ± 0.268
<b>G2</b> <b>(Empty lipo.)</b>	24	2.00 ± 0.447	83.29 ± 0.836	1.73 ± 0.144	11.89 ± 0.259
<b>G3</b> <b>(CYP)</b>	24	38.00 ± 1.363	46.47 ± 0.860	1.47 ± 0.181	14.25 ± 1.183
	48	22.40 ± 0.836	56.94 ± 0.927	1.54 ± 0.170	13.80 ± 0.780
	72	17.20 ± 1.816	50.66 ± 0.583	1.65 ± 0.037	12.20 ± 0.200
<b>G4</b> <b>(CYP+ Lipo.)</b>	24	32.60 ± 1.113	42.10 ± 0.871	1.63 ± 0.153	12.58 ± 0.245
	48	30.00 ± 0.663	36.16 ± 0.707	1.54 ± 0.046	12.82 ± 0.244
	72	25.40 ± 1.593	39.10 ± 0.663	1.46 ± 0.025	14.20 ± 0.374

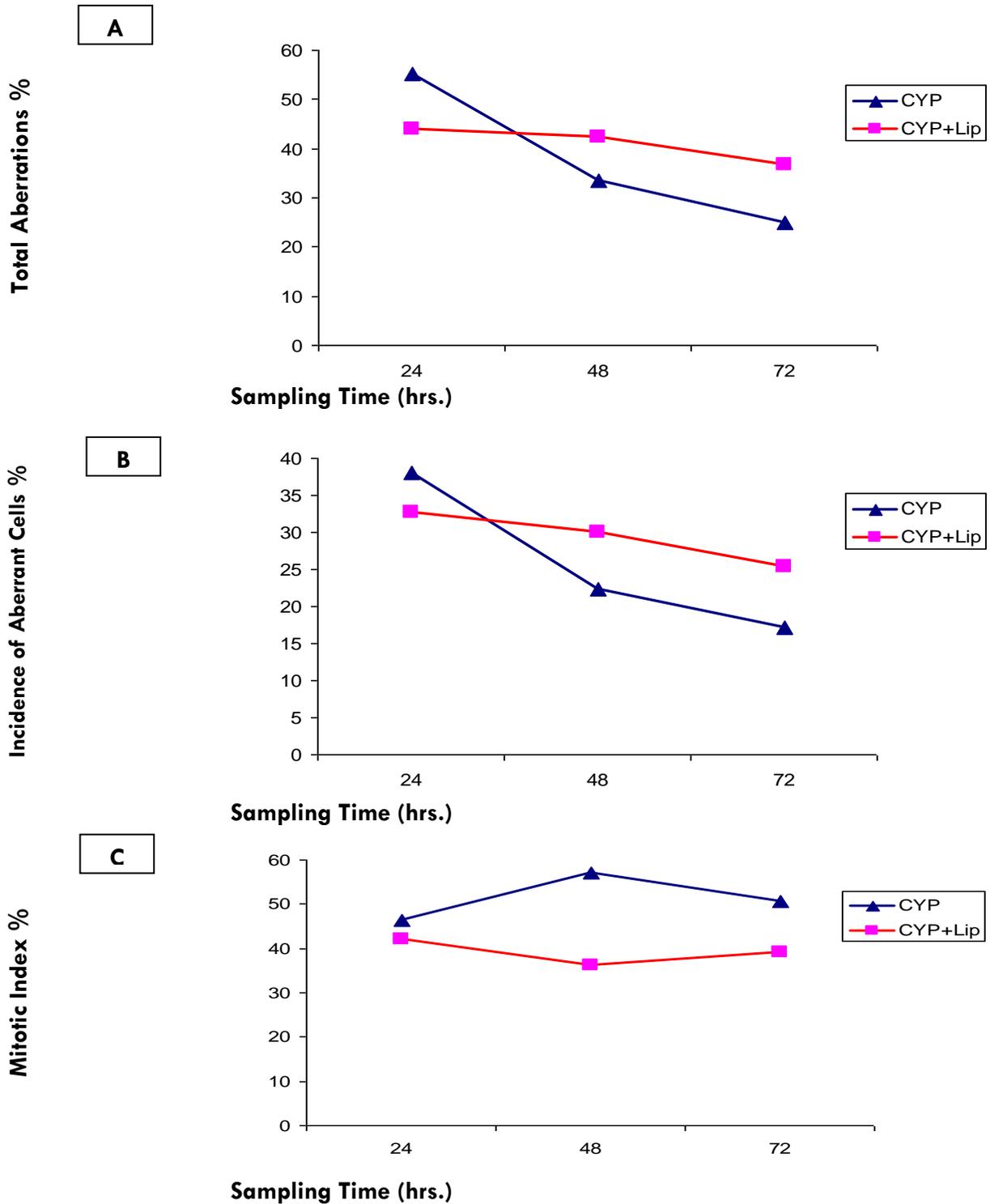
<sup>a</sup> Values represent mean ± S.E. of five animals

**Table 3.** Significance of difference between empty liposomes, Cyclophosphamide (CYP) and CYP encapsulated in liposomes

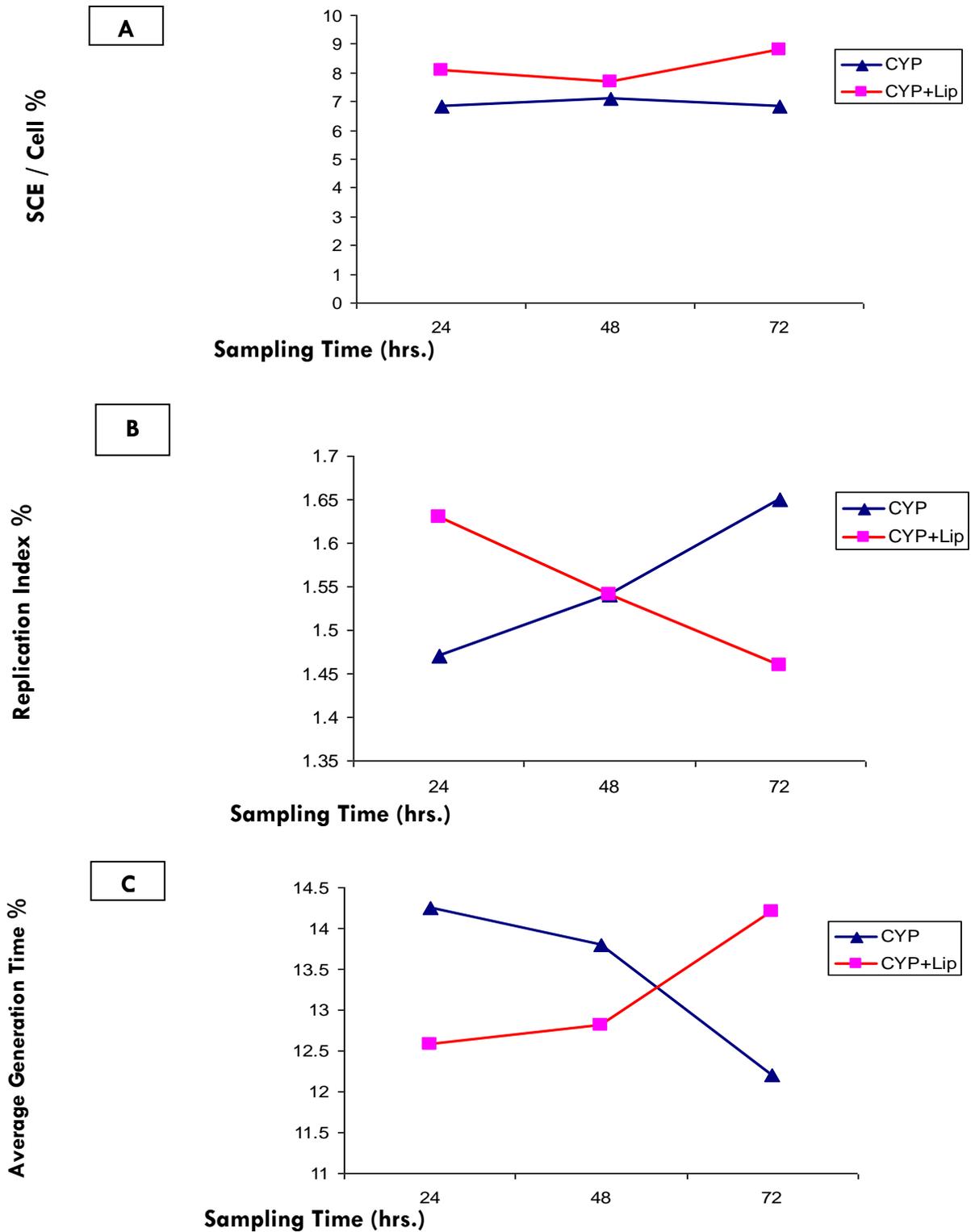
	CYP-24				CYP-48				CYP-72				CYP + Liposomes-24				CYP + Liposomes-48				CYP + Liposomes-72					
	IAC	SCE	MI	AGT	IAC	SCE	MI	AGT	IAC	SCE	MI	AGT	IAC	SCE	MI	AGT	IAC	SCE	MI	AGT	IAC	SCE	MI	AGT		
<b>Negative Control</b>	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a	a
<b>Empty liposomes</b>	a	a	a	a	a	a	a	a	a	a	a	b	a	a	a	b	a	a	a	a	a	a	a	a	a	a
<b>CYP-24</b>	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>CYP-48</b>	a	b	a	b	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>CYP-72</b>	a	b	a	a	a	b	a	a	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>CYP + Liposomes-24</b>	a	b	a	a	a	b	a	b	a	a	a	b	-	-	-	-	-	-	-	-	-	-	-	-	-	-
<b>CYP + Liposomes-48</b>	a	b	a	a	a	b	a	b	a	a	a	b	b	b	a	b	-	-	-	-	-	-	-	-	-	-
<b>CYP + Liposomes-72</b>	a	a	a	b	a	a	a	b	a	a	a	a	a	b	b	a	a	b	a	a	-	-	-	-	-	-

a = significantly different at P< 0.05  
 b = non-significantly different at P< 0.05  
 IAC: Incidence of Aberrant Cells  
 SCE: Sister Chromatid Exchange  
 MI : Mitotic Index  
 AGT: Average Generation Time





**Figure 1.** Relationship between sampling times and (A) Total aberrations %, (B) Incidence of aberrant cell % and (C) Mitotic index % after treatment with CYP free or encapsulated in liposomes



**Figure 2.** Relationship between sampling times and (A) SCEs / Cell %, (B) Replication index % and (C) Average generation time % after treatment with CYP free or encapsulated in liposomes

## Discussion

Cyclophosphamide (CYP) as one of the widely used anti-tumor agents creates cross-links and strand breaks in DNA of many cells like germ cells [20]. Such commonly used anticancer agents fail to distinguish normal cells from cancerous cells, so it kills normal proliferating cells as well. In fact use of most available anticancer drugs including CYP for killing cancer cells is a compromise between necessity and undesirable toxicity to normal cells.

Some studies have shown intraperitoneal administration of CYP can cause an increase in chromosomal aberrations and Sister Chromatid Exchanges (SCEs) as well as decrease in mitotic index [21, 7]. It has been reported that CYP and its metabolites induce oxidative stress and react with electron rich areas of the susceptible molecules such as nucleic acids and proteins. Therefore CYP targets rapidly dividing cells causing disruption of cell growth, mitotic activity and functions via alkylation of DNA at the N7 position of guanine [21, 22]. Liposomes-encapsulated anticancer drugs appear to represent an increasingly useful method for delivery of chemotherapeutic agents [11] reducing their nonspecific toxicity and enhance their anticancer effect [23].

The above mentioned results of our study indicated that animals treated with single dose of free CYP at 24, 48 and 72 hours sampling times showed several times increase in frequency of aberrant cells, SCEs and decrease in the mitotic index. This is in compliance with previous investigations which reported the ability of CYP to produce chromosome aberrations and SCEs [24- 26].

The most serious and frequent complication of CYP chemotherapy is suppression of the immune system, immunological dysregulation, and increasing intracellular amount of reactive oxygen species and glutathione depletion; such compounds can exert clastogenic effects, especially by acting as spindle inhibitors, thereby causing c-anaphasis (abnormal mitosis) and consequently aneuploidy and/or polyploidy [27]. So it is reasonable to assume that liposome encapsulation of cancer chemotherapy agents aim to down-regulate the mutagenic effect of such anticancer alkylating agents.

However, the unexpected result obtained from the present work was a higher frequency of chromosomal aberrations and SCEs after treatment with encapsulated CYP in liposomes in compared to the free drug. Reduction of non-specific toxicity of CYP without affecting its anti-tumor activity is considered the main advantage of liposome encapsulated CYP [5, 8, 11]. In addition, slow

elimination of liposomes from blood circulation accompanies with low quantity of encapsulated drug entering healthy tissues. Entering low concentrations of CYP to different tissues including bone marrow is expected to cause less damage to the genetic material rather than expected with free CYP which is eliminated from blood much faster, hence it is expected to enter much more into different tissues [28].

It has been reported that liposomes and cells interact in different ways [29]. Some liposomes are ingested by the process of endocytosis and then degraded in lysosomes which release the liposome's contents into the cytoplasm. Also liposome contents may enter cytoplasm directly if liposomes fuse with cell membrane.

## Conclusion

It is possible to conclude that the higher effect of CYP encapsulated in liposomes may be attributed to the accumulation of high concentrations of the released drug inside cells, not in tissues as a whole, where it can directly affect cell content. Also development of nontoxic biodegradable sustained release systems for CYP represents a significant advance in cancer chemotherapy. However, further evaluation of possible toxicity in healthy tissues is needed.

## Acknowledgment

This study was performed in the Zoology Department Lab, Faculty of Science, Beni-Suef University.

## Conflict of Interest

There is no conflict of interest for this study.

## Authors' Contribution

The Author contributed to the study design, cytogenetically part including chromosomal aberration assay, sister chromatid exchanges assay, and wrote the manuscript, while the biophysical part (Liposomes preparation) was done by Biophysical Department, Faculty of Science, Cairo University.

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